

AREA H  
PO BOX 9  
SPRINGWOOD NSW 2770

YOUR AREA NEWS

- Unity
- Recovery
- Service
- "Everybody needs help, Everybody can help"

IN THIS ISSUE

PI & CPC	1
Area H Workshops	1
From the delegate	2
Money Matters	2
Group News	3
Service position vacant	3
What's On	4

# Area H Bulletin

VOLUME ISSUE 8

JUNE 2010—AUG. 2010

## PI & CPC

### CARRYING THE MESSAGE IN WESTERN SYDNEY

Since Mandy G became PI&CPC coordinator in February there have been two meetings of the PI team. The main focus at this stage is an area wide strategy to ensure that information about AA is available to the still suffering alcoholic in the community. So that we can reach as many alcoholics as possible AA meetings in Area H have been split up into 6 districts by geographical location and a data base has been started that includes police stations, court houses, medical centers, libraries, churches community health centres, neighborhood centres, pubs and clubs will be added. The data base will be updated regularly. The plan is to take flyers and posters to each place every three months to build up a regular contact and relationship with the professions at the venue and to develop activities based on what is needed. There are suffering alcoholics out there in the community who don't know that there is a way out, and professionals that can help us reach as many as possible, so come along to the next PI & CPC meeting to be held at



**KINGSWOOD NEIGHBOURHOOD CENTRE  
BRINGELLY ROAD**

**SATURDAY 19TH JUNE AT 4.OOP.M.**

## Area H Workshops...

*Big thank you to Ollie O the Eastern Region Trustee who attended the May Area H assembly to present a workshop on AA Service Structure. The role of Regional Trustee is a demanding one and we were fortunate to have Ollie visit. . The presentation was interesting and informative and included an overview of the Eastern Region, the General Service Board, the conference structure and the boards Activities. Area H has a workshop at each of their Assemblies the next **Area H assembly will be held at Maryfields, Narellan Road, Campbelltown, on Saturday 7th August 2010, starting at 9.30am. Jo Nicols visiting from Denver USA will present a workshop on the Traditions and Concepts. All are welcome.***

# From the Delegate.....

**TOPICS FOR CONFERENCE** are now open for contributions and close on **26th July 2010**.

**THE NATIONAL CONVENTION** was recently held at Coffs Harbour over Easter and it was wonderful to see a number of members from Area H at the Convention. The Host Committee did a great job in putting together

the National Convention which is always harder when it is held away from a capital city due to the ability to get members to assist with the Committee and what would involve much more travel and commitment. Thanks also to Ollie O for having a meeting of Eastern Region delegates in being able to welcome new delegates prior to the AA conference in Novem-

ber.

**THE FOUNDERS DAY** International Sponsorship Fund Contribution, Brown Paper Bag, is on again for the week of June '10. Please have your group do a collection for this important service function. Donations can be sent to 'attention to the FDSIF' National Office of AA, 48 Firth Street, Arncliffe NSW 2205

TOPICS FOR  
CONFERENCE

NATIONAL  
CONVENTION

FOUNDERS DAY

Donations can be  
sent to Area H

**NEW**

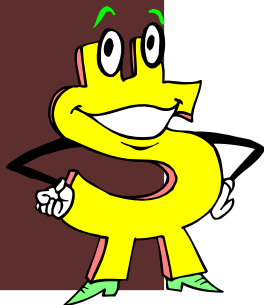
**ADDRESS**

AA Area H

PO BOX 9

Springwood

2770



## Money Matters

*Thank you to all the groups who have contributed to Area H*

### CONTRIBUTIONS FEBRUARY—APRIL

Penrith Big Book Study	\$100.00
Springwood Wednesday Night	\$180.00
Penrith Womens Saturday	\$ 50.00
Unidentified cash deposit	\$207.65
Toongabbie Sunday Night	\$ 45.00
Recovery Group Nth Richmond Sat Night	\$100.00
Penrith Tuesday Night	\$109.50

**TOTAL** \$792.15

*Direct deposit books are available from Area for St. George Bank for those groups that would like to deposit their Area H contributions directly into the account rather than send them via others offices to be divided up. Don't forget to request the bank to make a note of the reference number at the time of deposit to ensure that you groups contribution is recognized. Groups are encouraged to contribute directly to our account as this ensures the prompt and accurate deposit of funds and lessens the burden on the NOAA and the CSO.*

# GROUP NEWS...What's going on in your group

**RIVERSTONE**—David reports that the Riverstone group meets on Thursday evening at 8.00pm at the Sam Lee community Centre, Park Street, Rivesstone. They have 15 members and about 25 people attending on a weekly basis. The group celebrated its 21st birthday on 29th April, approximately 64 people attended with over 544 years sobriety in the room. Members reported that it was a great meeting, the food was good and a good time was had by all.

**GUILDFORD STEPS AND TRADITIONS**—Dennis the

**SEVEN HILLS**— The group is an ID meeting and on the last Monday of the month we have a guest speaker, on the 25th July, Bob D from the USA is speaking at the meeting. We have 8 group members and hold a group conscience every month. Attendance is 20-40 each week. The group contributes by 30/30/40. Rent has increased from \$15-\$25 per week. The group now reads "How it works" and the 12 traditions from the Big Book as it is important for the newcomers and others to see where it comes from.

GSR and Ron C from the group attended. The group continues to work through the steps and traditions with 10-12 group members and 10-20 people attending the meeting. Service positions are rotated every 15 weeks at the group conscience.

**SPRINGWOOD WEDNESDAY**

—The Wednesday Closed ID meeting commencing at 7.30 pm has been well attended with numbers varying between 15 and 30. We are regularly visited by attendees of two rehabs in the Blue Mountains The Springwood

**SUNLIGHT OF THE SPIRIT**

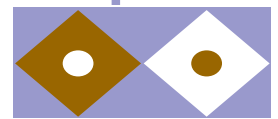
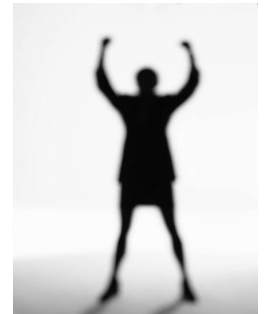
—Has a Big Book Study and a Big Book discussion meeting held on Saturday 8am-9am and Sunday 6pm-7pm. The group has 14 members with an average of 18-25 attendees. Group conscience is held on the first Sunday of the month, followed by light refreshments, At each group conscience there is a discussion of a tradition. Rallies and workshops are mentioned at the meetings and a website penrithbbs@gmail.org. The group makes regular contributions to the service offices, and group members are involved in sponsor-

ship and service at all levels. Group has opened a new meeting 11th April. It is a 1 hour meeting which is called A Conscious Contact Meeting. The meeting is held on a Sunday morning from 8.00am – 9.00am. The format is a 15 minute meditation time followed by sharing on a reading from the Big Book. We hold group conscience on 1st Wednesday of the month. The group uses the 40/30/30 rule when allocating excess funds to the CSO, Area H and National office. Our group is active in visiting goals and rehabs. in our area.

ship and service at all levels.

**WINDSOR FRIDAY AM**—5 active members, average attendance 25. The group is supporting "blokes Day" in June, and support the Drug and Alcohol units by donating Revivers and Literature.

**SATURDAY NIGHT RECOVERY**—The group has 6 members with 25-30 attendees each week., The venue is in a hospital and 7-15 patients attend on a regular basis, they are offered temporary sponsorship. Literature is donated to the hospital also. The group contributes to the service offices.



**GSR'S**

**ROCK..**

*'GSR's have got a most important position because they are the link between the groups and the Area....'*

## Wanted, Area Coordinator, Treatment & Correctional Facilities

*The 2nd National Forum on Treatment and Correctional Facilities will be held in Brisbane from 8th -10th October 2010. Area is now seeking someone with an interest in AA service in hospitals or jails*

*to attend the conference and represent our Area. That person would take on the role of Area Coordinator when the current Area Coordinator rotates out of the position at the end of this year and carry this*

*service work forward for our Area in 2011-2012 Fares and accommodation for the new person to attend the Brisbane Forum will be paid for by the Area.*



# What's On....

## **JUNE:**

**PI & CPC** meeting, Saturday 19th June, 4pm, Kingswood Neighbourhood Centre, Bringelly Road, KINGSWOOD

## **JULY**

**QYPAA 2010 Convention—“A Way Out”** - 23-25 July 2010  
Queensland Young People in AA present a convention for people of all ages, contact: [qypaa@yahoo.com](mailto:qypaa@yahoo.com)

**The “Big Book Comes Alive” weekend**, 7pm Friday 23rd July 10pm, Sat. 24th July with BOB D from Las Vegas.  
The Northside Convention Centre, Oxley Street, Crows Nest.  
Tickets available Mark W 0409 826 518

Bob will also be guest speaker for 1 hour at Seven Hills Monday Night AA Group on Monday 26th July at 7:30pm.

## **AUGUST**

**Area H Event—Saturday 7th August 2010**  
**Area H Assembly & Traditions and Concepts Workshop**  
**with Jo Nichol from Denver**  
**Starting at 9.30 am at Maryfields, Narellan Road,**  
**Campbelltown**  
**Barbecue lunch**